



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage including your plan's Summary plan description, visit www.utpipetradesebenefits.org or call the Administrative Office at 1-877-416-8181. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-877-416-8181 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u>?	<u>Network Providers</u> per calendar year: \$450/individual. <u>Out-of-Network Providers</u> per calendar year: \$900/individual.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u>?	Yes. <u>Preventive care</u> and outpatient <u>prescription drugs</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u>?	Medical Plan <u>Network Providers</u> : \$4,000/individual; \$8,000/family per calendar year. <u>Out-of-Network Providers</u> : Unlimited. Outpatient <u>prescription drugs</u> per calendar year: \$2,600/individual; \$5,200/family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u>?	For the Medical <u>Plan</u> : <u>Balance billing</u> charges, health care this <u>plan</u> doesn't cover, outpatient retail/mail order drug expenses (which have a separate <u>out-of-pocket limit</u>), and out-of-network <u>deductibles</u> , <u>copayments</u> and <u>coinsurance</u> except an ER visit in cases of an emergency. The <u>prescription drug out-of-pocket limit</u> does not include <u>premiums</u> , <u>balance-billing</u> charges, medical <u>plan</u> expenses, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. Inside Utah see: www.wiseprovider.net or call 1-866-485-5205. Outside Utah see: www.myfirsthealth.com or call 1-888-685-7774.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		<u>Network Provider</u> (You will pay the least)	<u>Out-of-Network Provider</u> (You will pay the most)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$35 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	\$35 <u>copayment</u> /visit plus 40% <u>coinsurance</u> .	None.
	<u>Specialist</u> visit	\$35 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	\$35 <u>copayment</u> /visit plus 40% <u>coinsurance</u> .	<u>Preauthorization</u> of transplant services is required to avoid non-payment.
	<u>Preventive care/screening/immunization</u>	No charge. <u>Deductible</u> does not apply.	Not covered.	<u>Plan</u> covers required <u>preventive services</u> and supplies described at: https://www.healthcare.gov/what-are-my-preventive-care-benefits/ . Age and frequency guidelines apply to covered <u>preventive care</u> . You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>coinsurance</u> .	40% <u>coinsurance</u> .	None.
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u> .	40% <u>coinsurance</u> .	<u>Preauthorization</u> of imaging tests is required to avoid non-payment.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at CVS Caremark at www.caremark.com or 1-877-819-9364.	Generic drugs	Retail Pharmacy for 30-day supply: \$8 <u>copayment</u> per prescription; Mail Order for 90-day supply: \$15 <u>copayment</u> per prescription. No charge for FDA-approved generic contraceptives.	If you fill a prescription at an Out-of-Network pharmacy, you pay 100% for the drug at the time of purchase and can file a claim with Caremark for reimbursement. The <u>Plan</u> reimburses no more than it would have paid had you used a <u>Network</u> pharmacy.	<ul style="list-style-type: none"> • <u>Deductible</u> does not apply. • Some prescriptions are subject to <u>preauthorization</u> (to avoid non-payment), quantity limits or step therapy requirements. • Certain over-the-counter (OTC) and prescription drugs are payable at no charge with a prescription.
	Preferred brand drugs	Retail Pharmacy for 30-day supply: 30% <u>coinsurance</u> ; Mail Order for 90-day supply: \$45 <u>copayment</u> per prescription. No charge for FDA-approved brand name contraceptives if a generic is medically inappropriate.		
	Non-preferred brand drugs	Retail Pharmacy for 30-day supply: 50% <u>coinsurance</u> ; Mail Order for 90-day supply: \$60 <u>copayment</u> per prescription.		
	<u>Specialty drugs</u>	You pay 50% <u>coinsurance</u> up to \$60 for up to a 30-day supply.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$35 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	\$35 <u>copayment</u> /visit plus 40% <u>coinsurance</u> .	<u>Preauthorization</u> of outpatient surgery is required to avoid non-payment.
	Physician/surgeon fees	20% <u>coinsurance</u> .	40% <u>coinsurance</u> .	<u>Preauthorization</u> of outpatient surgery is required to avoid non-payment.
If you need immediate medical attention	<u>Emergency room care</u>	\$250 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	\$250 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	Physician/ <u>provider's</u> professional fees may be billed separately.
	<u>Emergency medical transportation</u>	20% <u>coinsurance</u> .	40% <u>coinsurance</u> .	None.
	<u>Urgent care</u>	\$40 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	\$40 <u>copayment</u> /visit plus 40% <u>coinsurance</u> .	None.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250 <u>copayment</u> /admission plus 20% <u>coinsurance</u> .	\$500 <u>copayment</u> /admission plus 40% <u>coinsurance</u> .	<u>Preauthorization</u> of elective hospital admission is required to avoid non-payment.
	Physician/surgeon fees	20% <u>coinsurance</u> .	40% <u>coinsurance</u> .	<u>Preauthorization</u> of elective hospital admission is required to avoid non-payment.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visits: \$35 <u>copayment</u> /visit plus 20% <u>coinsurance</u> . Other outpatient services: 20% <u>coinsurance</u> .	Office visits: \$35 <u>copayment</u> /visit plus 40% <u>coinsurance</u> . Other outpatient services: 20% <u>coinsurance</u> .	<u>Plan</u> covers free short-term counseling visits through the EAP (Blomquist Hale) at 1-800-926-9619.
	Inpatient services	Hospital and Residential treatment facility: \$250 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	Hospital: \$500 <u>copayment</u> /visit plus 40% <u>coinsurance</u> . Residential treatment facility: Not covered.	<u>Preauthorization</u> of elective hospital admission and residential treatment program admission is required to avoid non-payment.
If you are pregnant	Office visits	No charge for office visits and ACA-required <u>preventive services</u> . <u>Deductible</u> does not apply. All other services for employee or spouse: 20% <u>coinsurance</u> .	For employee and spouse: 40% <u>coinsurance</u> .	<ul style="list-style-type: none"> • <u>Cost sharing</u> does not apply for <u>preventive services</u>. • Depending on the type of services, a <u>copayment</u>, <u>coinsurance</u> or <u>deductible</u> may apply. • Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). • Prenatal care (other than ACA-required <u>preventive screening</u>) is not covered for dependent children.
	Childbirth delivery professional services	For employee and spouse: 20% <u>coinsurance</u> .	For employee and spouse: 40% <u>coinsurance</u> .	<u>Preauthorization</u> is required to avoid a financial penalty only if hospital stay is longer than 48 hours for vaginal delivery or 96 hours for C-section.
	Childbirth delivery facility services	For employee and spouse: \$250 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	For employee and spouse: \$500 <u>copayment</u> /visit plus 40% <u>coinsurance</u> .	Delivery expenses for a dependent child are not covered either in-<u>network</u> or out-of-<u>network</u>.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	<u>Home health care</u>	20% <u>coinsurance</u> .	40% <u>coinsurance</u> .	Part-time or intermittent skilled nursing care is covered.
	<u>Rehabilitation services</u>	Outpatient visits: 20% <u>coinsurance</u> . Inpatient Rehab. Admission: \$250 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	Outpatient visits: 40% <u>coinsurance</u> . Inpatient Rehab. Admission: Not covered.	<ul style="list-style-type: none"> Outpatient rehabilitation: physical, occupational & speech therapy maximum benefit is 60 days/calendar year. <u>Preauthorization</u> of inpatient rehabilitation admission is required to avoid non-payment. Maximum inpatient rehabilitation admission benefit is 60 days/calendar year when significant improvement can be obtained; additional therapy only if Physician certifies as medically necessary.
	<u>Habilitation services</u>	Not covered.	Not covered.	You must pay 100% of these expenses, even in-network.
	<u>Skilled nursing care</u>	\$250 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	Not covered.	<u>Preauthorization</u> of <u>skilled nursing</u> facility admission is required to avoid non-payment. Maximum benefit is 60 days/calendar year. Must be in lieu of a hospital admission.
	<u>Durable medical equipment</u>	20% <u>coinsurance</u> .	40% <u>coinsurance</u> .	Rental of DME payable up to the allowed purchase price. Replacement covered once every 5 years. No charge from <u>network providers</u> for breastfeeding pump & supplies needed to operate.
	<u>Hospice services</u>	Home hospice: 20% <u>coinsurance</u> . Inpatient Hospice: \$250 <u>copayment</u> /visit plus 20% <u>coinsurance</u> .	Home hospice: 40% <u>coinsurance</u> . Inpatient hospice: Not covered.	Covered if terminally ill. <u>Preauthorization</u> of inpatient hospice is required to avoid non-payment.
If your child needs dental or eye care	Children's eye exam	Not covered.	Not covered.	You must pay 100% of these expenses, even in- <u>network</u> .
	Children's glasses	Not covered.	Not covered.	You must pay 100% of these expenses, even in- <u>network</u> .
	Children's dental check-up	Not covered.	Not covered.	You must pay 100% of these expenses, even in- <u>network</u> .

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Habilitation services
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Weight loss programs (except as required by health reform law)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric Surgery (once/lifetime)
- Chiropractic care (up to 30 visits/calendar year)
- Routine foot care payable when treating metabolic or peripheral vascular disease.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Administrative Office/Medical Plan Claims Administrator (BeneSys) 1-877-416-8181, or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes. If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes. If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-416-8181.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-416-8181.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-416-8181.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-877-416-8181.

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* —————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$450
- Specialist copayment + coinsurance \$35 + 20%
- Hospital (facility) copayment + coinsurance \$250 + 20%
- Other coinsurance 20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,800
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In this example, Peg would pay:

<u>Cost sharing</u>	
<u>Deductibles</u>	\$450
<u>Copayments</u>	\$480
<u>Coinsurance</u>	\$1,970
<u>What isn't covered</u>	
Limits or exclusions	\$10
The total Peg would pay is	\$2,910

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$450
- Specialist copayment + coinsurance \$35 + 20%
- Hospital (facility) copayment + coinsurance \$250 + 20%
- Other coinsurance 20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

<u>Cost sharing</u>	
<u>Deductibles</u>	\$450
<u>Copayments</u>	\$750
<u>Coinsurance</u>	\$1,160
<u>What isn't covered</u>	
Limits or exclusions	\$60
The total Joe would pay is	\$2,420

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible \$450
- Specialist copayment + coinsurance \$35 + 20%
- Hospital (facility) ER copayment + coinsurance \$250 + 20%
- Other coinsurance 20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,900
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In this example, Mia would pay:

<u>Cost sharing</u>	
<u>Deductibles</u>	\$450
<u>Copayments</u>	\$390
<u>Coinsurance</u>	\$220
<u>What isn't covered</u>	
Limits or exclusions	\$0
The total Mia would pay is	\$1,060

The plan would be responsible for the other costs of these EXAMPLE covered services.